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Munarhiliqiyikkut Inuuhiriknirmullu
Department of Health and Social Services
Ministère de la Santé et des Services sociaux

September 28, 2011

Public Service Announcement

Preventing Influenza

Keep you and your family healthy this flu season.

The easiest thing to do is to wash your hands well. And wash your hands often.

When you sneeze or cough, do it in your sleeve.

Protect you and your family by getting the flu vaccination this and every season.

Flu vaccination is recommended for everyone, 6 months of age and older.

This year Nunavut has a new influenza vaccine for children 2, 3 and 4 years old. This vaccine is given as spray in the nose.

The flu vaccine is FREE at your local community health center.

Together, we will keep Nunavut Communities healthy.